

EAST RANKIN ACADEMY | K4 - 6

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fried Chicken Sandwich Sweet Potato Fries Diced Peaches	2 Chicken Bacon Ranch Pasta Peas and Carrots ½ Banana	3 Boneless BBQ Rib BBQ Baked Beans Buttered Corn	4 Baked Chicken Breast Mashed Potatoes Brown Gravy Lima Beans Yeast Roll
7 Labor Day	8 Spaghetti and Meatballs Italian Green Beans Apple Wedge	9 Hamburger Steak Steamed Rice Brown Gravy Broccoli and Cheese Yeast Roll	10 Cheese Pizza Baby Carrots with Ranch Orange Slices	11 Fish Sticks French Fries Mixed Veggies
14 Popcorn Chicken Mac N Cheese Green Peas Yeast Roll	15 Beef Tacos Refried Beans Fiesta Rice	16 Hamburger Mac Green Beans Apple Wedge Yeast Roll	17 Baked Chicken Drums Broccoli Rice and Cheese Honey Carrots	18 Mini Corn Dogs Sweet Potato Fries Fruit Salad
21 Ham and Cheese Rollups Bag of Chips Watermelon Slice	22 Breakfast for Lunch French Toast Sticks with Syrup Sausage Link Scrambled Eggs Mixed Fruit	23 John Wayne Casserole California Blend Veggies Yeast Roll	24 Cheese Pizza Cucumber Slices with Ranch Orange Slices	25 Hamburger French Fries Assorted Fruit
28 Chicken Alfredo Steamed Broccoli Garlic Bread	29 Chicken Quesadillas Black Beans Fiesta Corn	30 BBQ Popcorn Chicken Green Beans with Potatoes ½ Banana		