



EAST RANKIN ACADEMY K3-6

January \$4.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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4 Chicken Pot Pie Vanilla Pudding Yeast Roll	5 Happy Plate (Spanish Rice topped with Grilled Chicken and Queso) Refried Beans	6 Popcorn Chicken Mashed Potatoes with Gravy Green Peas	7 Grilled Cheese Sandwich Vegetable Soup	8 Fish Sticks Macaroni and Cheese Green Beans
11	12 Fried Chicken Sandwich Sweet Potato Fries Diced Peaches	13 Baked Chicken Breast Cheesy Potatoes Mixed Vegetables Roll	14 Pigs in Blankets Bag of Chips Grapes	15 Chicken Alfredo Steamed Broccoli Garlic Toast
18 	19 Mexican Chicken Bake Rotel Corn Chocolate Chip Cookie	20 Cheese Pizza Rosey Applesauce Carrots with Ranch	21 Hamburger Steak Mashed Potatoes and Gravy Honey Carrots	22 Cheesy Sloppy Joe French Fries Orange Slices
25 Breakfast Sausage Pizza Fruit Cup	26 Chicken Quesadillas Black beans Spanish Rice	27 Hamburger French Fries Apple Wedge	28 Chicken Nuggets Rice and Gravy Mixed Vegetables	29 Chicken Bacon Ranch Pasta Mixed Vegetables Garlic Toast