



EAST RANKIN ACADEMY K3-6

October 2021

\$4.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni Pizza Stick Broccoli with Ranch Banana Pudding
	"Give thanks to the Lord, for He is good; His love endures forever." Psalm 107:1			
4 Breakfast For Lunch Waffles with butter and Syrup Scrambled Eggs Sausage links Fresh Fruit	5 Happy Plate (Spanish Rice topped with Grilled Chicken and Queso) Refried Beans Vanilla Pudding	6 Popcorn Chicken Mashed Potatoes with Gravy Green Peas	7 Grilled Cheese Sandwich Vegetable Soup Chocolate Chip Cookie	8 Fish Sticks Macaroni and Cheese Green Beans Yeast Roll
11 	12 Fried Chicken Sandwich Sweet Potato Fries Diced Peaches	13 Chicken Nuggets Cheesy Potatoes Mixed Vegetables Yeast Roll	14 Pigs in Blankets Goldfish Fresh Fruit Sugar Cookie	15 
18 Ham and Cheese Croissant Doritos Fresh Fruit Vanilla Pudding	19 Beef Tacos Spanish Rice Rotel Corn Chocolate Chip Cookie	20 Cheese Pizza Rosey Applesauce Carrots with Ranch	21 Hamburger Steak Mashed Potatoes and Gravy Honey Carrots	22 Cheesy Sloppy Joe French Fries Orange Slices
25 Cheeseburger French Fries Apple Wedge	26 Chicken Alfredo Steamed Broccoli Garlic Toast	27 Hot Dog French Fries Apple Wedge Chocolate Chip Cookie	28 Chicken Nuggets Rice and Gravy Honey Carrots Yeast Roll	29 Pepperoni Pizza Rosey Applesauce Cucumbers with Ranch